

Skills

What skills did you use and improve during your Big Ideas journey? **Use the attached sheet to guide / inspire your answers.**

Highlights

What were some of your favourite parts of your Big Ideas journey?



Lessons

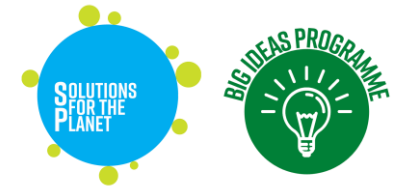
Did you overcome any challenges on your Big Ideas journey? What would you do differently next time and why?

Moving Forward

Will you continue with your Big Idea? How can you take what you've learned on the Big Ideas Programme and go out and make a positive impact on people and the planet?

BIG IDEAS COMPETITION

Debrief Reflection Skills Builder steps



Skills and their steps for reflection.

Teamwork



Step 4: I work well with others by supporting them if I can do so.

Step 6: I contribute to group decision making, encouraging others to contribute.

Step 9: I improve the team by not creating unhelpful conflicts.

Listening



Step 6: I show I am listening by how I use eye contact and body language.

Step 7: I show I am listening by using open questions to deepen my understanding.

Step 11: I listen critically and compare different perspectives.

Creativity



Step 4: I generate ideas to improve something.

Step 5: I generate ideas by combining different concepts.

Step 9: I develop ideas by asking myself questions

Problem Solving



Step 4: I explore problems by creating different possible solutions.

Step 5: I explore problems by thinking about the pros and cons of possible solutions.

Step 8: I explore complex problems by analysing the causes and effects.